

Creativity Prompt

Family Poem

Description

Gather each member of your family, either in person or virtually, and write a poem together! Remember, family isn't just about who you're related to! This poem is about coming together virtually with people you care about!

Time to complete

5-20 minutes

Materials

Something to write with.

Instructions

Each person participating will come up with one word to describe themselves. This can be silly, profound, or simple, but it must come from a place of truth. It can be any word; noun, verb, adjective, whatever you like!

Ex. Playful, teal, exciting, active, peace

Once you have your list of everyone's descriptive word, each person will write a sentence including selected words from the list. At minimum, each sentence should include at least one or two word(s) from that list. Lastly, each sentence should start with the letter of the author's first name.

Ex. My name is Gwenna, so my sentence will start with "G".

Gray days are exciting- the peace that comes from in(active)ity

The last step is to combine all sentences together and create one "Family Poem". The order of the sentences is up to you!

Kind of playful to paint my room teal
Joy comes from peace in the teal ocean waves
Gray days are exciting- the peace that comes from in(active)ity
Kinesthetic exercise keeps me active

Sharing Suggestions

Send your poem to family and friends! Comment on this activity's Facebook post or tag @OperaOmaha in an Instagram Story with #hcofcreativityprompts.