

Creativity Prompt

Be old fashioned, send a thank you

Description

Send a letter to a friend or family member!

Time to Complete

10-30 Minutes

Materials

Pen, paper, envelope, stamp

Instructions

Think back a few months or even a few years. Was there someone who did something kind for you or encouraged you in some way? Maybe they gave you a ride to the airport or helped you carry something? Maybe they gave you a big hug when you needed one, or an off-the-cuff compliment on a sweater you weren't too sure about. Maybe it isn't anything specific, just the feeling of them that you remember fondly.

Take a few minutes to write them a quick thank you note or a long letter. If you like to draw or paint you could send them a picture. Let the person know you appreciate and value them. Be specific.

Now that your note or drawing is complete, put it in an envelope and mail it USPS!

Optional

Many famous composers, musicians, writers and artists of all kinds have written letters throughout time. Think of an artist you like and either google or hit up your local library to read some of their letters.

The American composer, Aaron Copland (1900-1990), composed a beautiful and short orchestral work called "Letters From Home." Listen [here](#) for some musical letter writing inspiration!

Here's an [online collection](#) of letters by the composer Ludwig van Beethoven (1770-1827)

Sharing Suggestions

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