

Creativity Prompt

Creative Doodle

Description

Let your imagination run wild with this Creative Group Doodle OR Creative Solo Doodle.

Goal

To encourage and inspire creativity and imagination. To see things from multiple perspectives. To build positivity.

Time to Complete

10-15 minutes

Number of Participants

You can do this by yourself, or with a group

Materials

Paper and a pen or pencil
Optional: Coloring materials

Instructions

If you are by yourself

Put the paper in front of you, grab a pen, and close your eyes. Without picking up the pen off the paper or opening your eyes, draw what summer feels like to you. You have ten seconds. Then, turn the paper over so your drawing is face down.

Open your eyes. Write down three of your favorite summer activities on the blank side of the paper.

Turn the paper back over to the side with your drawing. Rotate your drawing so that it is upside down. What does it look like to you now? Add some more details to make it look like that thing.

Out of the three things you wrote down earlier, pick one. Integrate that activity into your drawing in a way that makes sense to you. For example, you could add a person swimming or a picture of a picnic basket.

Optional Add On: Color it in

Continued on back

If you are with others:

The youngest person in the room will start, and you will go in order of age. Each person will have a turn to add to the drawing. If you only have two people, you can trade back and forth.

The first person will close their eyes and draw the sun. You have 10 seconds.

The second person will rotate the drawing so that it is upside down. Look at it for 10 to 15 seconds. Without saying it out loud, think about what it looks like. You have 10 seconds to add details to make it look like that thing.

The next person will rotate the paper 90 degrees to the right (one turn). Without saying it out loud, think about what it looks like. You have 10 seconds to add details to make it look like that thing.

The next person will rotate the paper 90 degrees again to the right. Without saying it out loud, think about what it looks like. You have 10 seconds to add details to make it look like that thing.

This will repeat until everyone in the room has each had at least two turns. Remember to keep rotating the paper 90 degrees to the right!

Place the paper where everyone can see it. Go around the room and ask everyone what they tried to draw along the way and why. Look at it in its complete form. What does it look like now?

Optional Add On: Color it in

Sharing Suggestions

Share your drawing with us in the comments on Facebook or in a tagged Instagram story!